

New Expeditions launched by Trekforce Worldwide

A leading gap year company have launched new conservation based expeditions for July 2008 with career breakers in mind and people who want to go deep into the heart of the rainforest but don't have months to spare.

Trekforce Worldwide have new programmes to Papua New Guinea, Guyana, Borneo and Belize. Each expedition includes comprehensive jungle training with lessons on first aid, personal hygiene, survival techniques and navigation. Volunteers then begin and finish a sustainable conservation project where you will work alongside local craftsmen and guides. The expedition will finish with a remote trek which will take you away from the normal tourist trail.

Expedition leader Matt Leggett explains: "The great thing about it is that every expedition is a real adventure - the thrill of exploring some of the world's most beautiful and remote environments while carrying out a worthwhile project is incredible."

Highlights of the new expeditions include experiencing 'sing sings' and dances from the local villagers in Papua New Guinea, experiencing some of the Amazons most illusive wildlife in Guyana, hearing Orangutans in Borneo as you trek through dense jungle or witnessing stunning sunsets over the Belizean rainforest canopy.

The expeditions last 4-6 weeks and all of the destinations excluding Guyana have a 6 day PADI dive option to add onto the end of the expedition where you can explore some of the most beautiful diving sites in the world.

Prices start at £1628 go to www.trekforceworldwide.com for more details or call 0845 241 3085 to request an information pack.

ENDS.