

First Desert Trek for Jungle Expedition Company Proves a Success

The first 2 week desert trek for a leading expedition company has proven to be a massive success, with the group walking over 120 miles off the normal tourist trail.

Trekforce Worldwide have just returned with a group from Morocco where the group clocked up over 120 miles by foot over the Saharan desert in just 8 days. The trek entailed walking to a new location each day where they would throw down a carry mat and sleep under the stars before packing up and beginning another tough but rewarding day over varied terrains, including the black, rocky Hamada and the challenging Sahara sand dunes.

The group began in the lower Atlas Mountains in 4x4s to reach their starting destination of Merzouga, before heading South West into the Sahara Desert where scorching temperatures could reach 30oC at midday. The trek ended in the small village of Tazarine, where there was an opportunity for the group to wash at a local well and repack for the journey back to Marrakech.

Rob Murray- John, Director of Trekforce Worldwide and expedition leader for the 2 week Extreme Expedition explains: "The aim was to take the trek away from the normal tourist trail, avoiding hostels and well trodden routes so that the trekkers could say that they have completed a trek no other visitor will have done. The desert environment is an unforgiving one, with little water or shelter, so we are proud of what we have achieved and look forward to repeating this next year."

The trekkers also got the opportunity to immerse themselves in the local Berber culture during the trek as they had chances to stop at nomad villages for lunch en route where the family would cook for them and give them an insight into living as a nomad family.

Andrew Bedwell who joined Trekforce on the expedition says: 'I loved the simplicity of the whole expedition. Only relying on bare essentials, being able to throw your sleeping bag down wherever you wanted to and experiencing the local foods cooked in the middle of the desert.'

The next Extreme Expedition to Morocco takes place in October 2008. For more information call 0845 241 3085 or visit www.trekforceworldwide.com

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